

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Margherita Pizza & Wedges



Sausage & Mashed Potatoes with Gravy



Cottage Pie with Gravy



Cheesy Cauliflower Pasta Bake



Tex-mex Vegetable Fajita Wrap



MSC Approved Salmon Pasta Bake



Pork & Beef Sausage, Mash & Gravy

Roast Turkey, Roast Potatoes & Gravy

Mild Caribbean Chicken Curry with Carrot Rice



MSC Approved Fish & Chips

Peas



Carrot & Peas



Broccoli & Cauliflower



Carrot & Mixed Salad



Baked Beans



Cheese Sauce



House Tomato Sauce



Cheese Sauce



House Tomato Sauce



Creamy Pesto



Tuna Mayo Cheese

Chicken Egg

Ham Cheese

Tuna Mayo Ham Cheese

Egg Cheese

AVAILABLE EVERY DAY

Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry Mousse



Oaty Apple Crumble & Custard



Original Flapjack



Chocolate & Carrot Muffin



Raspberry Jelly & Mandarins



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian

Vegan

Added Wholewheat

