

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Cheese & Bean Lasagne



Margherita Pizza & Wedges



Lentil & Stuffing Pastry Roll



Bolognaise with Penne Pasta



Vegetable Nuggets & Chips



Ham & Cheese Pasta

Traditional Creamy Beef Lasagne



Roast Gammon & Gravy

Sweet & Sour Chicken with Rice



MSC Approved Fish Fingers & Chips

Carrots & Peas



Broccoli



Roasted Potatoes Carrots & Parsnips



Peas



Beans



House Tomato Sauce



Cheese Sauce



House Tomato Sauce



Cheese Sauce



Creamy Pesto



Ham Cheese

Chicken Egg

Ham Cheese

Tuna Mayo Ham Cheese

Egg Cheese

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Blueberry Cookie Bar



Chocolate & Banana Brownie



Strawberry Yoghurt & Strawberry Sauce



Apple & Cocoa Sponge



Raspberry Jelly



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian

Vegan

Added Wholewheat