



# St Bernard's RC Primary PE Curriculum



	Autumn 1	Autumn 2	Spring 1 (Equipment to be left at back of hall)	Spring 2	Summer 1	Summer 2
<b>EYFS</b>	Manipulation and co-ordination	Co operate and solve problems	Gymnastics	Dance	Speed agility trave Rugby Tots	Body management Rugby Tots
<b>Year 1</b>	Hit, Catch, Run 1 Hit, Catch, Run 2	Send and Return 1 Dance 1/2	Gymnastics 2 Gymnastics 1	Attack, Defend, Shoot 1 Attack, Defend, Shoot 2	OAA Rugby Tots	Run, Jump, Throw 1/2 Rugby Tots
<b>Year 2</b>	Hit, Catch, Run 1 Hit, Catch, Run 2	Send and Return 1 Attack, Defend, Shoot 1	Gymnastics 1 Gymnastics 2	Attack, Defend, Shoot 2 Dance 1/2	OAA Rugby Tots	Rugby Tots Send and Return 2
<b>Year 3</b>	Tag Rugby Handball	Hockey Badminton (Hall)	Gymnastics 1 Gymnastics 2	Tennis Dance 1	Athletics OAA	Basketball Cricket
<b>Year 4</b>	OAA Tag Rugby	Dance - Unit 1 Basketball	Gymnastics Unit 1 Badminton	Cricket Athletics	Swimming (Thu) Tennis	Swimming (Thu) Handball
<b>Year 5</b>	OAA Handball	Dance Unit 1 Netball	Swimming (Thu) Gymnastics Unit 1	Swimming (Thu) Cricket	Tennis Basketball	Rounders Athletics
<b>Year 6</b>	Tag Rugby Swimming (Fri)	Dance Swimming (Fri)	Gymnastics Unit 1 Basketball	Tennis Hockey	Rounders OAA	Athletics Cricket Swimming- Booster