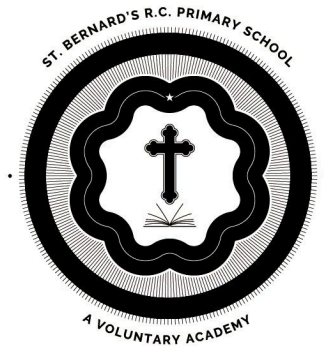


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FOR PARENTS OF CLOSE CONTACTS OF COVID 19

Advice for child to Self-Isolate for 14 Days from last contact

Dear Parents and guardians,

Unfortunately I have to inform you that **your child in Team 3** has been identified as a close contact of a confirmed staff member case of COVID-19.

Following Public Health recommendations and in line with the national guidance, your child must now stay at home and self-isolate until **Wednesday 14th October (14 days after contact)** Please note that you will not necessarily be contacted by NHS Test and Trace as the school has been asked to identify all school contacts

Self-isolation means that your child should:

- Not go to school, work or public places
- Not attend any other out of school activities or go around to a friends house
- Not use public transport or taxis
- Not go out to shops
- Not have visitors in your home except for people providing essential care
- Not go out to exercise – exercise at home or in your garden, if you have one

Further advice on self-isolation is available from:

<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

We are asking you to do this to reduce the risk of further spread of COVID 19 to others in the community.

If your child is well at the end of the 14 days period of self-isolation, then they can return to usual activities.

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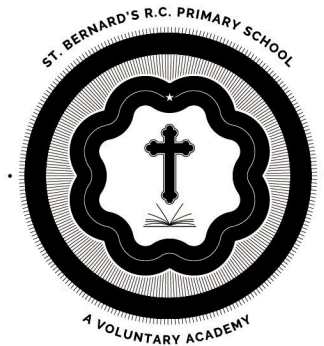
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Other members of your household can continue normal activities provided your child does not develop symptoms within the 14 day self-isolation period. **This means that siblings of children in Team 3 can still attend school as normal. Children in all other year groups can still attend school as normal.**

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119 .

All other household members who remain well must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able can, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period

Please see the link to the PHE 'Stay at Home' Guidance:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

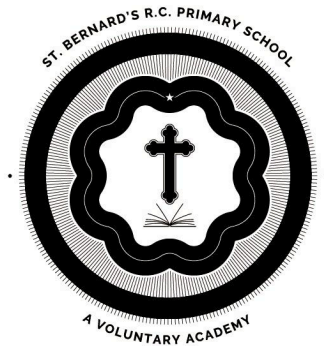
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Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

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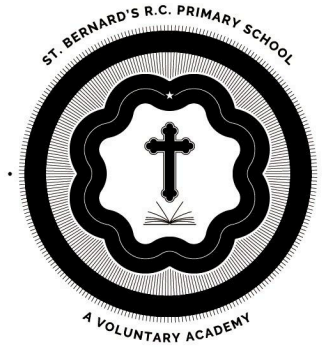
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Home learning strategy for children in Team 3

Whilst your child is self isolating, we will revert back to virtual schooling. Miss Worthington, Miss Reid and myself will be available to support this. As set out in the October newsletter, Google classroom will be used and there will also be a variety of live and recorded teaching sessions for the children to engage in each day.

An additional letter will follow on Sunday with further instructions.

In Summary

- Your child has been identified as a close contact of a confirmed case of COVID-19.
- In line with PHE we are advising you of the recommendation that they now stay at home and self-isolate until they can **return to school on Wednesday 14th October** (14 days after contact).
- Whilst your child is self-isolating, we will revert back to virtual schooling.
- If they are well at the end of the 14 days period of self-isolation, then they can return to usual activities.
- If you have your child tested for Covid 19, a negative test does not mean that you can stop self-isolation earlier than 14 days.
- Other members of your household can continue normal activities provided the pupils does not develop symptoms of COVID-19 within the 14 day self-isolation period.

We hope you all stay safe and well at this challenging time.

Yours sincerely

Mr Jevons

Head of School

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