



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Salmon Sub Melt with Wedges	Beef Chilli Con Carne with 50/50 Carrot Rice	Roast Turkey with Mash & Gravy	Chicken & Tomato Wholegrain Pasta Bake	Battered Fish & Chips
VEGETARIAN MAIN MEAL	Italian Cheese & Tomato Pizza, Oven Baked Wedges	Vegan Chilli with 50/50 Carrot Rice	Vegan Sausage Puff with Mash & Gravy	Crispy Topped Mac n Cheese	Slightly Spicy Vegan Bean Burger & Chips
VEGETABLES	Carrots & Peas	Garden Peas	Seasonal Vegetables	Sweetcorn	Baked Beans
JACKET POTATOES	Cheese, Baked Beans or Tuna Mayo				
PUDDING	Homemade Strawberry Yoghurt	Sticky Toffee Apple Crumble with Custard	Raspberry Jelly & Mandarins	Pear & Cocoa Sponge with Vanilla Sauce	Chocolate Cookie
PICK & MIX SANDWICHES & DESSERT	Ham Roll Cheese Roll Homemade Strawberry Yoghurt	Chicken Roll Egg Mayonnaise Roll Sticky Toffee Apple Crumble with Custard	Ham Roll Cheese Roll Raspberry Jelly & Mandarins	Tuna Mayonnaise Roll Cheese Roll Pear & Cocoa Sponge with Vanilla Sauce	Ham Roll Egg Mayonnaise Roll Chocolate Cookie



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Traditional Pork Sausage & Mash with Gravy	Chicken Tikka Masala with 50/50 Rice	Roast Chicken with Roasties & Gravy	Creamy Beef & Tomato Lasagne	Fish Fingers & Chips
VEGETARIAN MAIN MEAL	Vegan Sausage & Mash with Gravy	Vegan Quorn & Spinach Korma with 50/50 Rice	Tomato & Spinach Spanish Omelette	Vegan Bean Lasagne	Cheese & Onion Pasty with Chips
VEGETABLES	Carrots	Kachumber Salad (Cucumber, Tomato & Onion)	Seasonal Vegetables	Sweetcorn	Baked Beans
JACKET POTATOES	Cheese, Baked Beans or Tuna Mayo				
PUDDING	Vegan Shortbread	Oaty Apple Crumble with Custard	Homemade Strawberry Yoghurt	Orange Mandarin Jelly	Banana Muffin
PICK & MIX SANDWICHES & DESSERT	Ham Roll Cheese Roll Vegan Shortbread	Chicken Roll Egg Mayonnaise Roll Oaty Apple Crumble with Custard	Ham Roll Cheese Roll Homemade Strawberry Yoghurt	Tuna Mayonnaise Roll Cheese Roll Orange Mandarin Jelly	Ham Roll Egg Mayonnaise Roll Banana Muffin



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Ham Pizza with Oven Baked Wedges	Beef Bolognese with 50/50 Pasta	Roast Gammon with Roast Potatoes & Gravy	Chicken Fried Rice	Battered Fish & Chips
VEGETARIAN MAIN MEAL	Cheese & Tomato Pizza with Oven Baked Wedges	Vegan Roasted Vegetable Bolognese with 50/50 Pasta	Quorn Roast with Roast Potatoes & Gravy	Vegetable Fried Rice	Vegan BBQ Falafel Burger & Chips
VEGETABLES	Mixed Garden Salad	Sweetcorn	Seasonal Vegetables	Garden Peas	Baked Beans
JACKET POTATOES	Cheese, Baked Beans or Tuna Mayo				
PUDDING	Strawberry Jelly with Fruit Salad	Pear & Apple Crumble with Custard	Homemade Strawberry Yoghurt	Jam Sponge with Custard	Chocolate Brownie
PICK & MIX SANDWICHES & DESSERT	Ham Roll Cheese Roll Strawberry Jelly with Fruit Salad	Chicken Roll Egg Mayonnaise Roll Pear & Apple Crumble with Custard	Ham Roll Cheese Roll Homemade Strawberry Yoghurt	Tuna Mayonnaise Roll Cheese Roll Jam Sponge with Custard	Ham Roll Egg Mayonnaise Roll Chocolate Brownie