Build relational behaviour foundations in your home **The Behaviour Book Club** FOR PARENTS

Changing our children's behaviour takes time, changing our own takes even longer. As more families begin to recognise the devastating effects shame and punishment can have on children and young people's on emotional well being, an increasing number of parents and caring adults are joining the relational revolution.

Our behaviour book club will help you understand how you can have clear rules, calm behaviour and never need a bribe or punishment again.

You can join our Facebook group, Whatsapp group or our informal online get togethers that take place on the second Thursday of every month

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Join us on facebook

We have groups on facebook and whatsapp. We also meet once a month on Zoom to talk and support home adults joining the relational revolution.

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