Our Vision: EXCELLENCE IN ALL WE DO



Our Mission:

TO GROW, LOVE AND LEARN **FOLLOWING JESUS**



Dear Parent/Carer,

Re: All Together Smiling Supervised Toothbrushing Scheme

The All Together Smiling programme (hosted by Beyond, the Children & Young People's Transformation Programme for Cheshire & Merseyside) have contacted our school to invite the reception class to get involved in an exciting new scheme to help keep our child's teeth healthy.

All Together Smiling is a daily supervised toothbrushing scheme for children aged 2-7 years. Staff will receive up to date training on how to deliver the scheme and resources (including a delivery guidance manual, toothbrushes, toothpastes etc) will be supplied to us free of charge. Supervised toothbrushing is designed to work alongside home toothbrushing and participating children will also receive FREE packs to use at home.

Your child can only take part in the scheme if you complete the Consent form below.

Consent form

If you would like to discuss the scheme further, please do not hesitate to contact me.

Yours sincerely,

Julie Le Feuvre Headteacher

> St. Bernard's R.C. Primary School Sherbourne Roa Ellesmere Port Cheshire CH65 5EW

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Executive Headteacher: Mr S A Jevons BA (Hons) NPQH, NPQEL Head of school

Mrs J Le Feuvre BA (Hons) NPQH

Miss E Reid BA (Hons)















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Information

Welcome to the All Together Smiling Supervised Toothbrushing Programme. Young children in Cheshire & Merseyside have some of the worst rates of tooth decay in the country. Tooth decay causes pain, sleepless nights, and time off nursery or school but the good news is that it is largely preventable.

What is All Together Smiling?

An exciting supervised toothbrushing scheme that is being offered to all 2–7-year-olds in your child's nursery or school to help keep their teeth healthy.

How will it happen?

Staff in the setting will be trained and supported by the All Together Smiling programme to deliver supervised toothbrushing schemes daily at nursery or school.

Each child will be given their own toothbrush (identifiable by a number/ symbol) for toothbrushing in the setting and regular toothbrushing packs to take home for you to help brush their teeth at home. Items for the supervised toothbrushing in the setting will be provided to us free of charge and replacements will also be provided as required.

At home you can help with brushing too

Brush your child's teeth at home twice a day, especially the last thing at night before bed. Children need your help with toothbrushing until they are around 7 years old. Use a family fluoride toothpaste, that's one with 1450 parts per million (ppm) fluoride. You can find this in the list of ingredients and the take home packs provided will also include this amount of fluoride. Encourage your child to spit out and not rinse out after brushing. Toothbrushing being carried out in the setting is in addition and does not replace brushing at home.

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