



# Bike to School Week 2019

23 to 27 September

**Give cycling to school a go this week & find out what fun, freedom and independence it can offer.**



**Ask your friends and family** to get their bikes out too and join you.



**Enjoy exploring new routes** to and from school whilst socialising with your friends.



**Reduce congestion and improve air quality** - get on your bike for Bike to School Week 2019.



Download free daily classroom resources -  
[www.sustrans.org.uk/biketoschoolweek](http://www.sustrans.org.uk/biketoschoolweek)

## PRIZES TO WIN!

Take part in the Bike to School Week 2019 competition - share your stories about cycling to school to win a brand new child's bike - for more information [www.bikeability.org.uk](http://www.bikeability.org.uk)



**#BikeToSchoolWeek**